

Pre-Registration Preferred
by Mar. 3, 2017

13th Annual

Family Fair

Saturday, March 11, 2017 8 a.m. to 2:00 p.m.

Caroline Middle School 13325 Devil's Three Jump Road, Milford, VA 22514

MORE THAN 45 VENDORS

TARGET AUDIENCE CODES: (A) – Anyone (D) – Daycare Providers (E) – Educators (F) – Families (S) – Seniors (SN) – Special Needs (T) – Teens

- **10 Warning Signs: When Forgetfulness is a Problem** – (S) – Learn warning signs, the difference between normal age-related memory changes & more. *Lori Myers – Alzheimer's Association of Fredericksburg, Greater Richmond Chapter – SESSION 2*
- **ABC's of Dyslexia** – (E) (F) (SN) – What is dyslexia? How common is it? Warning signs of having dyslexia? Strategies for students. *Cathy Gregory – VA Branch of the International Dyslexia Association – SESSION 3*
- **ASL Basics** – (A) (D) (E) (F) (S) (SN) (T) – Learn ASL alphabet, basic numbers, & basic conversation using signs. - American Sign Language. *Sharon Williams – Certified ASL Interpreter – SESSIONS 1, 2*
- **A Rainbow on My Plate: Nutrition Workshop** – (D) (E) - CACFP (Child Adult Care Food Plan sponsored through the USDA) & components of healthy meals & snacks for birth - age five. Nutrition activities. *Carol Clark – Smart Beginnings-Rappahannock – SESSIONS 1, 2, 3*
- **Before Kindergarten There is Preschool** – (D) (E) (F) (SN) - CCPS Preschool programs are offered through Title I, VPI and HeadStart. Creative ways to prepare students & parents for entering school, enrollment requirements, learning through play, SOL's & more. *JoWanda Rollins-Fells – CCPS-School Board – SESSION 3*
- **Building Our Village** - (A) (D) (E) (F) (S) (SN) (T) - Be empowered, strengthened, & encourage others on how to lead effectively in the home & the community. – *Donnell Howard – Caroline County Parks & Recreation – SESSION 2*
- **Career Coaching Your Teen** (E) (F) (T) – "What do you want to be when you grow up?" Get the conversation started with this major life decision. Career exploration. *Lorrie Hummer – Germanna Community College SESSIONS 1, 2*
- **Depression – the Silent Killer** (A)(D)(E)(F)(S)(SN)(T) – Understand signs, symptoms & treatment of the most widely diagnosed mental health disorder. *Sharon Stodulski – Behavioral Health Services- SESSIONS 1, 3*
- **Employment and Training Programs** (A)(D)(E)(F)(S)(SN)(T) –Components of a resume, have resumes reviewed. Free & paid community supports. Opportunities available to those with barriers. *Shana Capers– Rappahannock Goodwill Industries- SESSIONS 2, 3*
- **Foundation for a Quality Child Care Program**– (D) –Basic requirements for a quality child day program. *Rebecca Sagle – Licensing-Department of Social Services SESSIONS 1, 2*
- **Fun with Dirt** – (Children only) 3 different age groups gardening project *Beth Jimenez - VA Cooperative Extension - SESSIONS 1, 2, 3*
- **Get Moving**– (A) (D) (E) (F) (S) (SN) – Fun ways educators, childcare providers & parent/guardians can get themselves & children moving. Games & activities adaptable for classroom/home use. Highlight benefits of physical activity, leading to living healthier lives. *Katrida Williams– VA Cooperative Extension SESSION 3*
- **Healthy Hearts-Keeping Kids Fit** – (A) Jump Rope Showcase of tricks. *Kemie Smith - Lewis & Clark Elementary Jump Rope Club (Performance for Kids)*
- **How to Talk to Parents – Concerns about Child Development** – (A) (D) (E) (F) - Childcare providers may be the first to recognize concerns with development. It is important to talk with parents about concerns but not always easy. Learn strategies to discuss developmental concerns. *Brandie Williams - RACSB-Rappahannock Area Community Services Board - SESSION 1,2*
- **Job Readiness Skills** – (E) (S) (SN) (T) Looking for a job? Want a better one? Learn what you need to apply for a job & prepare a quality resume. Rappahannock Goodwill Industries resources to help you gain a leg up. Supports for individuals with disabilities. *Jessica Weber –Rappahannock Goodwill Industries - SESSION 1, 2*
- **Maneuvering through the Murky Waters of Adolescence**– (A) (D) (E) (F) (SN) (T) – Raising a teenager can be a struggle through some of the most difficult developmental years. Opportunity to learn new positive parenting skills, understand developmental stages & resources to help strengthen families. *Honore' Schrade – RACSB-Rappahannock Area Community Services Board SESSIONS 1, 2*
- **Navigating for Services**– (A) (D) (E) (F) (S) (SN) (T) – Learn how to utilize the comprehensive online hub to find programs/information about healthy living, financial concerns, housing options, legal questions, transportation, caregiver support, recreation opportunities, & more. 4 key topic areas -- Medication Management, Fall Prevention, Alzheimer's/Dementia, & Caregiver Health. – *Bonnie Scimone– VirginiaNavigator- SESSION 3*
- **Parental Rights in Special Education** – (A) (F) (SN) – Working knowledge of parental rights in special education process & how to better advocate for their child exerting rights. Parental rights applicable to the initial referral, eligibility, & IEP development processes. VDOE & community resources to learn more about their child's disability. *Henry Milward, VA Department of Education SESSION 1*
- **Rappahannock - Kids On the Block** – (A) Puppet Show *RAKOB Puppeteers*
- **Risks of Vaping**–(A)(D)(E)(F)(S)(SN) (T) – Is this really a safe alternative? Be informed of the dangers. *TBD – Mary Washington Healthcare -SESSION 3*
- **Saving to Reach Your Goals**– (A)(D)(E)(F)(S)(SN)(T) – Most important for financial stability, takes dedication. Learn how to establish realistic goals. & tools to create a realistic goal & save. *Mary Mills – Rapp. United Way –SESSIONS 1, 2, 3*
- **The Power of Engaging Families** – (E)(F)(SN) – Creating a synergy between parents & schools around authentic family engagement initiatives leads to better outcomes for students. Interactively explore how individual participation contributes to partnership of shared responsibility for success of all children. *Tina Norris – PEATC - SESSION 2*
- **Village Fathers- It Takes A Village to Raise A Family** (F) Village Fathers is a psycho-educational program that explores five characteristics of the 24/7 Dad@: Self-awareness, caring for self, fathering skills, parenting skills, and relationship skills. *Phillip Fields- Healthy Families Program– SESSIONS 1, 2*
- **Why You Need A Will, Power of Attorney & Living Will** – (A)(D)(E)(F)(S)(SN) – These important documents will help your loved ones handle difficult circumstances if you become incapacitated or die. *Ann H. Kloeckner, Esq - Legal Aid Works – SESSIONS 1, 3*
- **Your Rights Custody & Support** – (A)(D)(E)(F)(S)(SN) – Learn your rights in child custody, visitation & child support. Separate fact from fiction. *Ann H. Kloeckner, Esq – Legal Aid Works- SESSION 2*

****Support our local Food Pantry by bringing
canned or boxed items to Family Fair!
** receive a door prize ticket!**

FREE SERVICES: Blood pressure/Health, **Child Find** Developmental Screenings, **GED** Screenings.
Child Supervision provided by Countryside Daycare & Student Volunteers

**PRE-REGISTRATION PREFERRED FOR CHILD
SUPERVISION, SPECIAL
ACCOMMODATIONS & LUNCH**

To register online: FamilyFair2017-Registration
or call (804) 633-7083 Email sgayle@ccps.us <http://prc.blogs.ccps.us/>

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