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# Join CCPS in Making Our Schools Bully-Free



## Types of Bullying

**Verbal Bullying**

Teasing, name-calling, inappropriate sexual comments, taunting, threatening to cause harm

**Cyber Bullying**

Using technology as a vehicle for acts of cruelty, and includes texting, Facebook, Twitter, Snapchat...

**Social Bullying**

Hurting someone socially by continuously spreading negative rumors, intentionally leaving a person out of a group, or manipulating others to leave a person out of a group

**Physical Bullying**

Consistent acts of aggression such as: hitting, kicking, pinching, spitting, tripping, pushing, or taking/breaking someone's things

**Sexual Bullying**

Heterosexual or homophobic teasing/harassment

Be a Hero, Stand Up  
Against Bullying!

Helping  
Everyone  
Respect  
Others