

What Can Parents Do?

Parents play a vital role in a school's efforts to create a safe and healthy learning environment. Parents can help by following a few of these suggestions:

- Set expectations for your child's behavior, in and out of school
- Give your child positive, supportive feedback
- Model assertiveness (not aggression) at home; children and young adults mimic their parent's behavior
- Give your child non-violent suggestions on how to deal with conflict
- Encourage your child to confide in a caring adult if they are a victim of bullying, or if they witness someone else being bullied
- Teach your child to be respectful of others who may be different from them.
- Help to build your child's confidence and self-esteem; provide opportunities for them to participate in activities in the community and at school.
- Communicate with your child by simply asking about their day at school, interactions with peers, and what they learned

Parent Resources:

<https://www.stopbullying.gov/what-you-can-do/parents/>

www.thebullyproject.com/parents

www.parentcenterhub.org/repository/bullying/



Bullying... Not in Our Schools!

What Schools Are Doing to Prevent Bullying...

Bowling Green Elementary School

- Poster Contest
- Buzz Box for reporting Bullying
- Recognition of students who are "Characters of the Month"
- Weekly Themes for the Month:
 - 10/3: Kick-off with lessons and awareness
 - 10/10: Make Friends with someone you don't know
 - 10/17: Kindness Week
 - 10/24: Spirit & Red Ribbon Week



Lewis and Clark Elementary School:

- 10/7: National Bully Prevention Day- Everyone wears blue
- Bullying Prevention Play
- 10/19: Annual Bully Awareness Walk, *Unite Against Bullying*-All Students and staff wear orange, and will be given an orange bull charm; charms can be earned throughout the year
- Newsletter Highlights about Bullying

Madison Elementary School

- Classroom lessons/activities on bullying.
- Wear Blue on Oct 7!
- Red Ribbon Week
- Red chain to display students pledge to be bully-free
- Positive and informational quotes read during the morning and afternoon announcements on how to help peers who may need a friend
- Poster Decorating in hallways, "MES is a Bully-Free Zone"

Caroline Middle School

- Classroom lessons and activities conducted by counselors and teachers
- Students will create Bully Prevention Posters
- CMS Weekly Themes:
 - 10/3: World Blue Shirt Day
 - 10/10: Make friends with someone that you don't know well
 - 10/17: Kindness Week- Show acts of kindness
 - 10/24: Spirit Week



Caroline High School

- Morning announcements to show awareness about bullying: definitions, statistics, how to help others, and ways to report bullying
- Displays on school marquee
- Writing Activities
- Students will make posters on Bullying Prevention

