

Caroline Wrestling



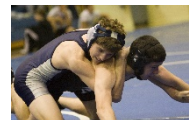
Have you ever wondered what it would be like to really wrestle? Like in the Olympics? Here is your chance to try it out and compete in a mini tournament!

<p><u>Who:</u> Any boy or girl from Kindergarten to 5th Grade enrolled in Caroline County Public Schools.</p>	<p><u>When:</u> February 28-March 3, 2018 Wednesday-Thursday-Friday 5:30-7:30 Saturday- 9:00-11:00 Mini Tournament (Awards to each participant)</p>
<p><u>Cost:</u> 30.00 includes a super cool t-shirt</p>	<p><u>What do you need:</u> Shirt, Shorts, and Socks (wrestling shoes if you have it- but not necessary)</p>
<p><u>Learn:</u> Stances, Takedowns, Pins- These will be taught by the CMS and CHS wrestlers and coaches.</p>	<p><u>Parents:</u> Q and A with Coaches- ask questions and learn from the experts.</p>

**** You will get to meet the CMS Wrestlers and the CHS Wrestlers including Regional Qualifiers and Winners, and State Qualifiers. Also learn from Elizabeth Dosado, CHS Wrestler, who has wrestled in National Tournaments for Team Virginia.****

How to Register:

Send an email to either shswanton@ccps.us or cavwrestling@gmail.com and put "Caroline Wrestling" in subject line. In your email include your child's name, age, school, and shirt size (make sure to specify youth or adult size.)



Payment is due on February 28 at the first practice. We hope to see you there!!