



CDC COVID-19 DEFINITIONS & REQUIREMENTS

(Updated on October 12, 2021)

ISOLATION

Separates sick people with a contagious disease from people who are not sick. Current CDC and VDH guidelines require a 10-day period of isolation for

QUARANTINE

Separates and restricts the movement of people who are exposed to a contagious disease to monitor if symptoms develop. Current CDC and VDH guidelines recommend a 14-day quarantine period for COVID-19 exposed individuals. However, if no symptoms appear at all after ten days, students can return to school. Further, if a COVID test is taken at least 5 days from exposure and is negative, students can return to school after 7 days.

MASKS REQUIRED ON PUBLIC TRANSPORTATION

Per Federal Order from the CDC, masks must be worn while traveling on public transportation which includes school buses and cars.

MASKS REQUIRED IN SCHOOL BUILDINGS

Per Virginia Public Health Order, masks must be worn inside of all K-12 schools and buildings.

CLOSE CONTACT

K-12 Students: Students are identified as a Close Contact if they are closer than 3 feet for more than 15 minutes during the day, even while wearing a mask. If students are 3-6 feet apart and wearing a mask, they are not close contacts.

PK-12 Staff and PK Students: Students and staff are identified as a Close Contact if they are closer than 6 feet for more than 15 minutes during the day, even while wearing a mask. If students and staff are 6 or more feet apart and wearing a mask, they are not close contacts.

For Close Contact guidance concerning vaccinated individuals, please see the **Close Contact COVID-19 Flowchart**.