

Employee Assistance Program



What is an EAP

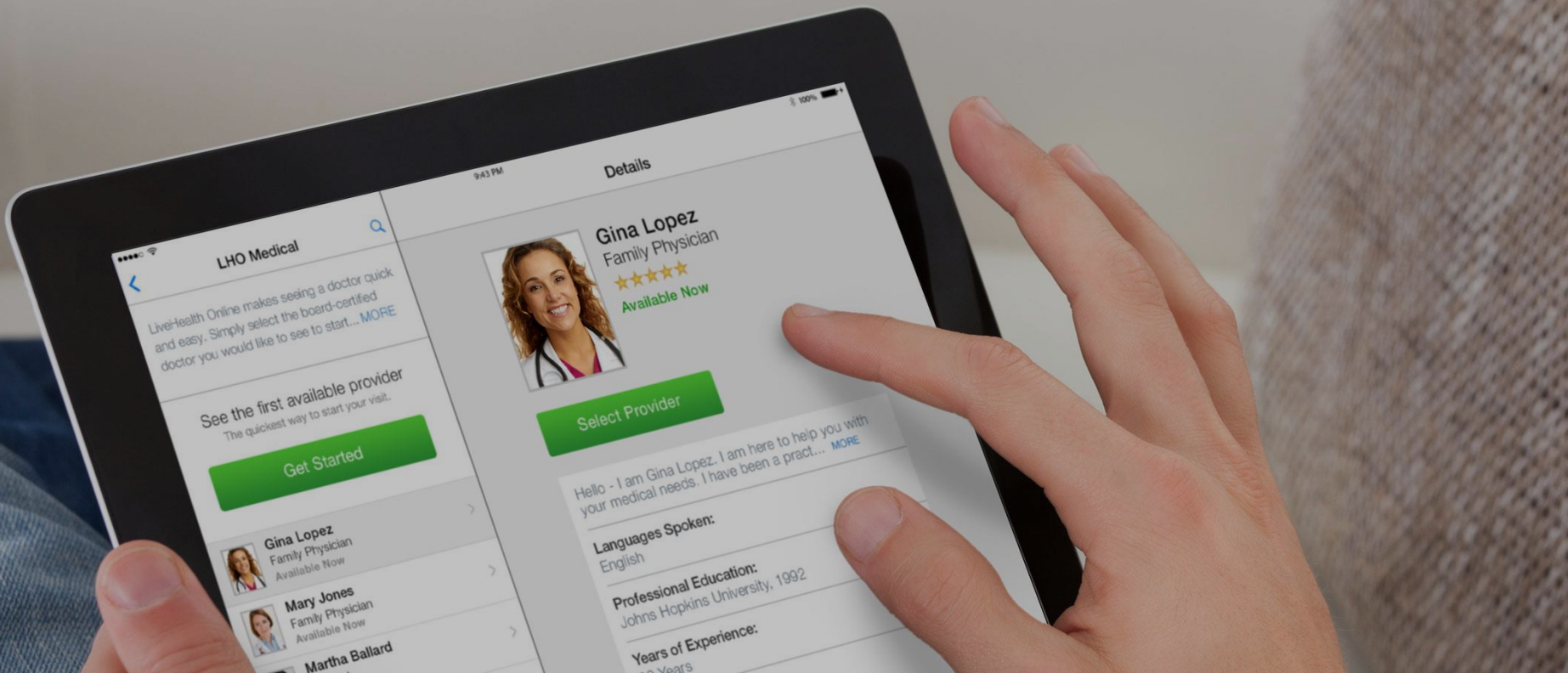
An employee assistance program (EAP) provides quick and easy access to confidential resources to help meet the challenges of everyday life.



Anthem EAP is....

- An employer-sponsored program
- Available to covered employees, their covered dependents and their household members at NO COST regardless of insurance coverage
- Available 24 hours a day, 365 days a year
- Easy to access via phone or web





LiveHealth Online | Medical

LiveHealth Online Medical

- Live, on-demand video doctor visits 24x7/365
- Accessible by smartphone, tablet or computer
- No cost for Key Advantage members
- Available in all states with an average wait time of 10 minutes
- Choice of board certified, Anthem network doctors
- Secure and private, HIPAA compliant video visit
- E-prescribing to your pharmacy of choice*
- Available to Anthem members and non-members

*Only non-controlled substances can be prescribed via video doctor visits



Commonly Treated Conditions

- Abrasions, minor wounds
- Acne
- Anxiety
- Asthma
- Allergies/allergic rhinitis
- Back pain
- Cough/Cold
- Depression
- Diabetes/hypoglycemia
- Diarrhea
- Ear pain
- Fever
- Headache/migraine
- Hypertension
- Incontinence
- Influenza/flu
- Insomnia
- Nausea/Vomiting
- Obesity
- Pinkeye and other eye infections
- Rashes/skin disturbances
- Sinus infection
- Smoking cessation
- Sore throat/pharyngitis
- Sprains and strains
- Urinary tract infection





LiveHealth Online | Behavioral Health

Commonly Treated Conditions

- Stress
- Anxiety
- Depression
- Relationship troubles
- Parenting issues
- Grief
- Panic attacks
- Coping with an illness
- Bipolar Disorder
- Obsessive Compulsive Disorder
- Post-Traumatic Stress Disorder



Access



Convenience

Remember – your EAP is here to help

Anthem Health Plan Members with The Local Choice:

855-223-9277

www.AnthemEAP.com

Log In: Commonwealth of Virginia, then choose The Local Choice

Employees not enrolled in the health plan:

800-346-5484

www.AnthemEAP.com

Log In: visit anthemEAP.com and enter CCPS

